



Join the **Blossoms Synchronized Swim Team** for a Girl Scout badge night!
\$10pp

Saturday, October 25, 6-7:30
Ida Lee Recreation Center, Leesburg



Prerequisite skills

Girls should be 7-18 years old. **Participants must be able to tread and float in deep water and swim one length of the pool both freestyle and backstroke.**
*Each group must complete the B-220 and B-240 (high risk activity form) and permission forms – a certified lifeguard will be present.

This clinic will give girl scouts:

- The history of synchronized swimming
- An overview by an experienced coach and judge of how a synchronized routine is judged.
- A team Demonstration will be performed
- A simple routine in the water will be taught
- Synchronized swim nose clip and custom patch will be included
- Lots of Fun...Fun...Fun!

Contact: Amy Levinrad (703) 858-1435 or kanrjl@comcast.net before to register before Oct 10. Register soon! Space limited!!

See our website www.Blossoms-Synchro.com

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Blossoms Clinic Registration Form

Name of Swimmer _____ Birth date _____

Troop Number _____

Swim Level Completed _____ Parents' Name _____
Parents' emergency phone number _____